

Uriviga 300 Tablet

Ursodeoxycholic Acid (300mg) Tablet

Category: Hepatoprotective Agent / Bile Acid

Dosage Form: Oral Tablet

Description:

Ursodeoxycholic Acid (300mg) Tablet is a bile acid used for the treatment of various liver and gallbladder conditions. It works by improving bile flow, reducing bile toxicity, and dissolving cholesterol-rich gallstones. This hepatoprotective agent is widely used to manage cholestatic liver diseases, gallstone dissolution, and bile flow disorders.

Composition:

- **Active Ingredient: Ursodeoxycholic Acid – 300mg**
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Indications:

1. **Primary Biliary Cholangitis (PBC):** Slows the progression of this autoimmune liver disease by reducing inflammation and improving liver function.
2. **Gallstone Dissolution:** Helps dissolve small, non-calcified cholesterol gallstones in patients who are unsuitable for gallbladder surgery.

3. **Chronic Cholestatic Liver Diseases:** Useful in conditions like primary sclerosing cholangitis or other cholestatic liver dysfunctions.
 4. **Cystic Fibrosis-Associated Liver Disease:** Enhances bile flow to reduce liver complications in cystic fibrosis patients.
 5. **Hepatobiliary Disorders:** Supports liver health by protecting hepatocytes and enhancing bile flow.
 6. **Drug-Induced Hepatotoxicity:** Protects the liver from damage caused by certain medications.
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Mechanism of Action:

Ursodeoxycholic acid (UDCA) is a hydrophilic bile acid that works by:

- **Reducing Cholesterol Saturation:** It decreases cholesterol secretion from the liver into bile, leading to reduced gallstone formation and dissolution of existing cholesterol-rich stones.
 - **Cytoprotective Effect:** It protects liver cells (hepatocytes) by stabilizing cell membranes and reducing bile acid-induced toxicity.
 - **Enhancing Bile Flow:** Increases the secretion and flow of bile, which helps alleviate cholestasis.
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Dosage and Administration:

- **Adults:**
 - **Gallstone Dissolution: 8-10 mg/kg/day, divided into 2-3**

- doses. Duration depends on gallstone size and response.
 - **Chronic Liver Diseases (e.g., PBC): 13-15 mg/kg/day, divided into 2-3 doses.**
 - **Typical dosage is 300mg twice or thrice daily, or as directed by a healthcare provider.**
 - **Pediatrics:**
 - **Dose adjustment based on body weight and condition severity.**
 - **Administration:**
 - **Take the tablet orally with water, preferably with food to enhance absorption.**
 - **Swallow whole; do not crush or chew.**
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Contraindications:

- 1. Gallstones with High Calcium Content: Ineffective for calcified or pigment gallstones.**
 - 2. Acute Gallbladder or Bile Duct Infections.**
 - 3. Complete Bile Duct Obstruction: UDCA requires bile flow to be effective.**
 - 4. Severe Liver or Kidney Disease.**
 - 5. Hypersensitivity to Ursodeoxycholic Acid or excipients.**
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Precautions:

- 1. Monitoring Required:**
 - **Regular liver function tests (LFTs) and ultrasound imaging to monitor gallstone dissolution and liver condition.**
- 2. Pregnancy and Lactation:**

- **Use only if the potential benefits outweigh the risks; consult a healthcare provider.**
- 3. Long-Term Use:**
 - **Prolonged therapy requires periodic liver and gallbladder evaluations.**
 - 4. Pediatric and Elderly Patients:**
 - **Dosage adjustments may be necessary.**
 - 5. Pre-Existing Conditions:**
 - **Use cautiously in patients with pre-existing hepatic, renal, or biliary conditions.**
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Adverse Effects:

Common Side Effects:

- **Diarrhea or soft stools**
- **Abdominal pain or discomfort**
- **Nausea**
- **Flatulence**

Serious Side Effects:

- **Allergic reactions (rash, swelling, difficulty breathing)**
 - **Increased liver enzymes (ALT, AST)**
 - **Gallstone-related complications (pain or inflammation)**
 - **Severe fatigue or yellowing of the skin/eyes (jaundice)**
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Drug Interactions:

- 1. Cholestyramine or Colestipol: Reduces the absorption of UDCA. Take UDCA 2-4 hours apart.**
- 2. Aluminum-Based Antacids: May decrease UDCA effectiveness.**

- 3. Ciclosporin: May increase ciclosporin levels; dosage adjustments may be required.**
 - 4. Oral Contraceptives or Estrogen Therapy: May reduce UDCA's effectiveness in gallstone dissolution.**
 - 5. Statins: Potential interaction; monitor liver enzyme levels.**
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Storage Instructions:

- Store below 25°C in a dry place, away from direct sunlight and moisture.**
 - Keep out of reach of children.**
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Key Points:

- Ursodeoxycholic Acid (300mg) is a hepatoprotective agent used to dissolve gallstones and treat chronic liver diseases.**
- Regular monitoring of liver function and gallstone response is essential.**
- Take with food for better absorption and compliance with the prescribed dosage.**
- Consult your healthcare provider before starting or discontinuing therapy.**

Always use under medical supervision.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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